

# Flower City Work Camp 2010

## Rules

**Review the following rules for camp before submitting your student application. Any questions should be directed to your youth leader or the student registration coordinator, Judy Buss.**

**Rule:** Students may not leave Home Base or their Work Site during Work Camp (i.e., from arrival on Monday until dismissal on Friday). Specifically: No doctor or dentist appointments, jobs, sports practices, running. No taking students to home for showers. No taking to restaurant for lunch. No leaving camp early for vacation, sporting, or school events. No leaving camp on Friday morning before dismissal.

**Reasons:** Full participation in camp. Safety. Security. Fairness to other students.

**Consequences:** Students who leave camp will not be permitted to return. Students who leave camp early may not be accepted to attend Flower City Work Camp in subsequent years.

**Exceptions:** For a medical emergency you will be transported to the hospital or medical facility for immediate attention. For illness occurring while at your Work Site you will be transported to Home Base. Other exceptions are (rarely) granted with prior permission of the FCWC Executive Committee only.

**Rule:** No alcohol, cigarettes, or drugs.

**Reason:** Health of students. Obedience to the law.

**Consequences:** Substance will be confiscated and destroyed or turned over to the authorities. Discussion with youth leader/pastor, parents, and/or police as needed. Possible arrest. Student may be dismissed from camp.

**Exceptions:** None.

**Rule:** No personal listening or communication devices (cell phones, beepers, iPods, portable CD players, etc.),

**Reason:** Our desire is to promote community and communication and to avoid isolation. Personal listening devices limit communication. Our desire is that the focus of the week will be Flower City Work Camp and personal listening/communication devices are a distraction from that focus.

*PLEASE do not invite temptation – leave these items at home!*

**Consequence:** The device will be confiscated.

**Exceptions:** None.

**Rule:** No food or drink is permitted outside of the cafeteria or designated eating areas.

**Reason:** Prevent spills, mice, rats, ants, etc. We desire to respect the property of our host churches by keeping ALL food out of the sleeping rooms.

**Consequences:** Students will be asked to return to the eating area. Food found in the sleeping areas will be confiscated and destroyed. This includes candy and gum.

**Exceptions:** None.

**Rule:** No showers before 5:00 AM or after lights out.

**Reason:** Students need sleep in order to work well during the day and stay awake during sessions.

**Consequence:** Students seen in the hallway will be told to return to their room. Discussion with the youth leader.

**Exceptions:** None.

**Rules:** No boys in girls' rooms or girls in boys' rooms.

**Reason:** To promote an atmosphere of purity. Eliminate possibility inappropriate behavior.

**Consequences:** Students seen in the wrong rooms will be asked to leave that room immediately. Discussion with the youth leader.

**Exceptions:** None.

## **Flower City Work Camp 2010 Rules**

**Rule:** No PDA's - public displays of affection (e.g., kissing, hugging, holding hands).

**Reason:** PDA's distract from the focus of Work Camp.

**Consequences:** Students will be asked to stop immediately. Discussion with the youth leader.

**Exceptions:** None.

**Rule:** Students must attend all sessions (morning devotions, evening worship, and teaching time). Students must stay awake and participate during sessions.

**Reason:** The Flower City Work Camp experience depends on participation in ALL aspects of camp.

**Consequence:** Students not attending a session will be escorted to the meeting room. Discussion with the youth leader.

**Exceptions:** Illness or injury confirmed by an adult leader.

**Rule:** Students must attend all meals and eat (if a student is allergic to a particular food the kitchen staff should be notified so an alternative can be provided.).

**Reason:** It is important for students to maintain strength needed to work properly and be attentive during sessions. Proper diet is vital to a successful Work Camp experience.

**Consequence:** Students found missing a meal will be sent to the cafeteria. Discussion with the youth leader.

**Exceptions:** None.

**Rule:** No telephone calls are to be made from Home Base or the Work Site. No borrowing of an adult's cell phone.

**Reason:** Respect for Home Base and the homeowner's phone bills. Students should be focused on camp and not on calling home or friends, etc.

**Consequences:** Discussion with the youth leader.

**Exceptions:** Major family crisis (e.g., illness or death in the family) as monitored by a leader.

**Note:** In case of emergency (e.g., "I forgot my sleeping bag"), Home Base will make calls on behalf of the student.

**Rule:** Visitors must obey the Visitor Policy established for Work Camp.

**Reason:** FCWC is primarily for Work Camp participants. Facilities are already stretched to the limit with the number of people officially participating. Safety issues (need to monitor those who are in the building).

**Consequences:** Visitors who "overstay their welcome" will be requested to leave.

**Exceptions:** None.

**Rule:** All properly at Home Base and on the Work Site should be treated with respect. No rough-housing or other behavior that could cause injury to others or damage to property.

**Reason:** We desire to present a caring Christian witness to those for whom we work and to the churches that are generous to house us.

**Consequences:** Broken or damaged property will be replaced or repaired by the responsible individual(s). If damage is done intentionally, student will be required to leave camp.

**Exceptions:** None.

**Rule:** Flower City participants should dress modestly. For example: underwear should be covered, no short shorts, no exposed midriffs. Participants will avoid inappropriate T-shirt messages.

**Reason:** It is our desire not to be a stumbling block to our brothers and sisters in Christ by the things we do or the clothes we wear.

**Consequences:** Participants will be required to change clothes.

**Exceptions:** None.

## **Flower City Work Camp 2010**

### **Areas of Maturity**

#### **Expectations for All Students Participating in Flower City Work Camp**

- † The following areas of maturity are required of all students attending Flower City Work Camp.
- † Please review these with your youth leader or pastor.
- † By signing your Student Application form, you are committing to live up to these expectations.
- † Failure to live up to these requirements will have consequences.

#### **Maturity to Work**

Flower City Work Camp requires three full days of work to complete the tasks on the Work Sites, Sidewalk Clubs and Basketball Camps. All students are expected to give their best effort for all three days. This may mean working when you are tired or doing jobs that you may not "like."

#### **Maturity to Participate in the Programs**

All students are expected to fully participate in all morning and evening programs. This means participating in singing and praying, as well as giving full attention to the speaker during teaching times.

#### **Maturity to Obey Lights Out**

Sleep at Flower City Work Camp is a limited and precious commodity. It is critical all campers obey the time for lights out so they, and those around them, can get the rest they need to perform their work and be alert during programs.

#### **Maturity to Obey the Rules as specified in the FCWC Rules Sheet**

A rules sheet (two pages) is included with your application packet. All students and their parents are expected to read and obey the rules.

# Flower City Work Camp 2010

## Fact Sheet

### DATES OF WORK CAMP

Monday April 19, 2010 (registration begins at 5:00 PM) - Friday April 23, 2010 (programs end at 11:30 AM)

East Camp Home Base: **Browncroft Community Church, 2530 Browncroft Blvd, Rochester, NY 14625**  
West Camp Home Base: **Hope Lutheran Church, 1301 Vintage Lane, Rochester, NY 14626**

### DO BRING

- |  |   |
|--|---|
| <input type="checkbox"/> Sturdy shoes or work boots                      | <input type="checkbox"/> Air mattress or foam pad           |
| <input type="checkbox"/> Bible   | <input type="checkbox"/> Work gloves                        |
| <input type="checkbox"/> Rain gear                                       | <input type="checkbox"/> Spending money                     |
| <input type="checkbox"/> Pen or pencil                                   | <input type="checkbox"/> Camera and film (no camera phones) |
| <input type="checkbox"/> Jacket  | <input type="checkbox"/> Sleeping bag                       |
| <input type="checkbox"/> Tools (as told by work site leader)             | <input type="checkbox"/> Personal toilet articles           |
| <input type="checkbox"/> Towel and washcloth                             | <input type="checkbox"/> Note paper                         |
| <input type="checkbox"/> Plastic bags for wet or soiled clothing         | <input type="checkbox"/> Bathing suit for showering         |
| <input type="checkbox"/> Sturdy warm clothing: long jeans, socks, shirts |   |

### DO NOT BRING

**Portable listening devices – cell phones, iPods, hand-held games, etc. Lacrosse equipment.**

### SPECIAL NOTE REGARDING WORK CLOTHES

We need to be aware that we are ministering in a culture that will be different from our own. As with all cross-cultural ministries, it is very important not to offend with our dress or our actions. Flower City Work Camp requires that while students and adults are serving on Work Site Teams, Sidewalk Club Teams and Basketball Teams **no bandanas or plain white T-shirts will be worn.** These items are worn in Rochester as symbols of gang membership.

### MONEY

Your registration fee covers all needs at camp. However, you'll want some spending money for the snack bar. Bringing small bills ("ones") or change to purchase snacks.

### ACCOMMODATIONS

Students will be housed at Browncroft Community Church (East Camp) or Hope Lutheran Church (West Camp). They'll be sleeping on the floor and will need to bring a sleeping bag or sheets and blanket. An air mattress or foam pad is strongly recommended. Shower facilities are available, so bring towels, soap, etc.

### PERSONAL HEALTH

All participants must have a current tetanus shot. The directors of the Flower City Work Camp must be notified at least one week prior to the start of Work Camp of any special health needs or conditions. Students must also be covered by their family's personal health insurance.

### LAUNDRY

No laundry facilities are available. Make sure to bring enough clothing to last the week.

### WEATHER

Weather for the Rochester area is unpredictable. April can be cold, snowy and rainy. Bring appropriate clothing and be prepared to get wet, dirty, and/or muddy.

### FREE TIME

Each day will include some free time. Available free time activities include using the gym, socializing with new friends, writing encouragement notes, and naps.

If you have any further questions or concerns about Flower City Work Camp 2010, contact your youth leader or the Student Registration Coordinator, Judy Buss.