



## Student Fact Sheet

**Camp Home Base:** Bethel Christian Fellowship, 321 East Avenue, Rochester, NY 14604

### WHAT TO BRING

- |   |  |
|---|--|
| <input type="checkbox"/> Bible  | <input type="checkbox"/> Water Bottle                  |
| <input type="checkbox"/> Pen or pencil  | <input type="checkbox"/> Notebook or note paper        |
| <input type="checkbox"/> Rain gear  | <input type="checkbox"/> Jacket                        |
| <input type="checkbox"/> Towel and washcloth  | <input type="checkbox"/> Camera (no phones)            |
| <input type="checkbox"/> Plastic bags for wet or soiled clothing  | <input type="checkbox"/> Sleeping bag & pillow         |
| <input type="checkbox"/> Air mattress or foam pad (twin size only)  | <input type="checkbox"/> Spending money (merch/snacks) |
| <input type="checkbox"/> Personal hygiene articles (shampoo, soap, toothbrush, <b>deodorant</b> , etc)  |  |
| <input type="checkbox"/> Tools/Work gloves/Goggles (as told by work site leader)  |  |
| <input type="checkbox"/> Bathing suit for showering (if desired for privacy in open shower areas)   |  |
| <input type="checkbox"/> Sturdy shoes or work boots ( <b>closed toed shoes must be worn by all teams off campus</b> )   |  |
| <input type="checkbox"/> Face masks or gaiters--we advise bringing 4-5 (all camp participants must plan to adhere to any masking protocols; filtering masks are recommended for Work Site campers but not required) |  |

**No Bandanas used as face masks please.**

Durable, warm clothing: jeans, sweatshirts, socks; clothes to wear at home base; clothes to wear for sleeping

*Listen. We could write out a whole list of "what not to wear" but let's work together on this. Simply put: Wear a shirt. Wear a dress. Wear pants, shorts, or a skirt. Wear something on your feet. From your shoulders to your thighs, wear something. Make wise choices given the work you will be doing. If you wonder if it will be okay, save it for a different occasion and pack something else. Our goal together is to point to Jesus and not point to ourselves.*

### DO NOT BRING

**Portable electronics** – cell phones, iPods, hand-held games, etc. These items will be confiscated if found. *We expect that any smart watches will be disconnected and used only as watches for your time at camp, or they will be confiscated.*

**Food/snacks**--you will **not** be allowed to have food or drinks in the sleeping rooms (besides water).

### SPECIAL NOTE REGARDING WORK CLOTHES

Flower City Work Camp requires that while students and adults are serving on Work Site Teams, Sidewalk Club Teams and Sports Camp Teams **no bandanas or plain white T-shirts will be worn.**

### MONEY

Your registration fee covers all needs at Camp, including your Camp T-shirt. However, you'll want some spending money for the snack shop and merchandise store. A few dollars in cash is sufficient for snacks. New FCWC t-shirts, sweatshirt, car magnet and other merchandise will also be available for sale.

### ACCOMMODATIONS

Students will be sleeping on the floor and will need to bring a sleeping bag or sheets and blanket. A **twin** air mattress or foam pad is strongly recommended. Shower facilities are available and students are



expected to shower daily, so bring towels, soap, etc. Breakfast and dinner will be served daily at their Home Base and lunches will be brought to their Team onsite during the day.

### **PERSONAL HEALTH**

All participants must have a current tetanus shot. The Student Registration Coordinator for Flower City Work Camp must be notified of any special health needs or conditions. Students are encouraged to shower daily to remove construction residue and to maintain general hygiene. **Students must also be covered by their family's personal health insurance.**

### **WEATHER**

Weather for the Rochester area is unpredictable. It can be cold, snowy and rainy OR hot and sunny. Check the forecast! Bring appropriate clothing and be prepared to get wet, dirty, and/or muddy.

### **LAUNDRY**

No laundry facilities are available. Make sure to bring enough clothing to last the week. And a garbage bag for dirty or wet clothes is a pretty good idea, too.

### **FREE TIME**

Some free time is built into each day for using the gym, socializing with friends, writing encouragement notes, and naps. If you have any further questions or concerns about Flower City Work Camp, contact your Youth Leader or the Student Registration Coordinator at [students@flowercityworkcamp.org](mailto:students@flowercityworkcamp.org).